



Going to the Test Referral Center to Have My Blood Checked



Many people have to get their blood checked at some time, because a doctor may need more information to take care of them.

I will read this book and practice all of the steps so that I will be ready to have my blood checked. Some people call it - getting a blood draw.

When I need a blood draw I go to Cincinnati Children's Hospital Medical Center. When I go to the hospital, I meet nice people who help me with my blood draw.





This is where I go to sign in to let lab staff know that I am ready. I wait until they call my name. This page needs updated photo. Remove picture with yellow desk.



I meet a phlebotomist. A phlebotomist is the friendly person who helps with my blood draw.



I sit in a chair or on someone's lap.



The phlebotomist wraps a blue band around my arm. It feels like a tight squeeze.



I hold out my arm so the phlebotomist can clean my skin where the blood draw will be. It feels cool and has a special smell.



She looks at my arm with her eyes and touches my arm with her fingers. Then she gently slides a tiny needle under my skin. It has small tubing attached. I think this feels like someone pushing gently on my skin or like a tiny pinch. I try to keep my arm very still. Someone may help me keep my arm still.



I can watch the phlebotomist or choose to look at something else in the room. I can help keep my body calm and still by taking deep breaths.



They only need a little blood. The blood goes into a small, clear tube. Sometimes they need more than one tube. My body makes new blood when I need more.



The phlebotomist gently removes the tubing and puts a Band-Aid on my arm. An adult will tell me when I can take off my Band-Aid.



**When I am finished, I get to pick out a prize.
After I pick out my prize, I am finished and
can leave. I am proud that I sat very still.**